

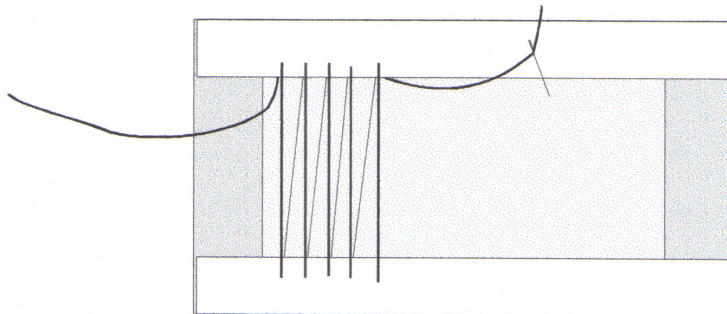
INFORMATION SHEET

How to Stretch Your Needle Art

1. Cut a piece of acid free fomecore or matboard to stretch the needle art onto. The size of this board should be 25mm (1") bigger than the opening in the matboard. E.g. If the area of needle art you want to see is 20cm x 15cm (8" x 6") this is the size of the opening in the matboard. Cut the board to stretch the needle art onto 22.5cm x 17.5cm (9" x 7").

2. Centre your needle art onto the board.

Turn the work over, and work from the back. Fold the 2 longest edges over the board. Using a needle with a continuous thread (preferably 100% cotton), insert the needle 15mm from the edge of the fabric. Stitch from one edge to the other, trying to keep the stitches parallel approx. 1cm apart. When you get to the end, tie the thread with a knot, leaving the other end still attached to the reel of cotton.



3. Check the front of the work to make sure that it is still centred. Tension the threads at the back working from the knot backwards, being careful not to pull them too tightly, otherwise the thread might break. In case the thread does break, just rejoin it with a small knot and continue. Check the front of the work once again, and when you are happy with the position, cut the thread attached to the reel of cotton and firmly tie with a knot to the needle art. Adjust the front again if necessary.

4. Fold the 2 short ends over, and using the same process, continue to complete the stretching of your needle art.

